



# POLISH TAEKWON-DO ASSOCIATION

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## 22<sup>nd</sup> Polish Senior Taekwon-do ITF Championships

6<sup>th</sup> – 7<sup>th</sup> June 2009, Częstochowa

### Results of all divisions

#### Female individual colour belts pattern

Competitors: 18

|      |                    |            |                     |
|------|--------------------|------------|---------------------|
| 1.   | Dąbrowska Anna     | 29.10.1987 | MKS RAT Radzyń      |
| 2.   | Miśkiewicz Wioleta | 28.11.1986 | LKT Legnica         |
| 3-4. | Mazur Magdalena    | 15.01.1989 | Taewo KWSW Warszawa |
| 3-4. | Wsiaki Marta       | 08.06.1988 | KST Głubczyce       |

|         |       |
|---------|-------|
| Points: | 3 (5) |
| Points: | 2 (3) |
| Points: | 1 (2) |
| Points: | 1 (2) |

#### Female individual pattern I Degree

Competitors: 14

|      |                 |            |                   |
|------|-----------------|------------|-------------------|
| 1.   | Pawlik Marzanna | 23.02.1975 | LKT Legnica       |
| 2.   | Kisiel Martyna  | 24.08.1985 | KS Dragon Janów   |
| 3-4. | Mironiuk Monika | 09.01.1987 | MKS RAT Radzyń    |
| 3-4. | Szustak Kamila  | 10.01.1990 | TKT Lechmed Toruń |

|         |       |
|---------|-------|
| Points: | 3 (4) |
| Points: | 2 (3) |
| Points: | 1 (2) |
| Points: | 1 (2) |

#### Female individual pattern II Degree

Competitors: 5

|      |               |            |                     |
|------|---------------|------------|---------------------|
| 1.   | Wiater Monika | 01.05.1984 | MKS Lewart Lubartów |
| 2.   | Działo Ilona  | 24.01.1985 | MKS Lewart Lubartów |
| 3-4. | Lipa Joanna   | 11.04.1981 | LSKT Lublin         |
| 3-4. | Siwińska Anna | 29.07.1984 | LSKT Lublin         |

|         |       |
|---------|-------|
| Points: | 3 (3) |
| Points: | 2 (1) |
| Points: | 1     |
| Points: | 1     |

#### Female individual sparring up to 52kg

Competitors: 5

|    |                 |            |                |
|----|-----------------|------------|----------------|
| 1. | Offman Gabriela | 20.08.1988 | LKT Legnica    |
| 2. | Pawlik Marzanna | 23.02.1975 | LKT Legnica    |
| 3. | Błaszczak Paula | 26.11.1989 | BST Bartoszyce |
| 3. | Suska Paulina   | 05.05.1985 | RKT Radom      |

|         |       |
|---------|-------|
| Points: | 3 (3) |
| Points: | 2 (1) |
| Points: | 1 (1) |
| Points: | 1     |

#### Female individual sparring up to 58kg

Competitors: 9

|    |                      |            |                     |
|----|----------------------|------------|---------------------|
| 1. | Działo Ilona         | 24.01.1985 | MKS Lewart Lubartów |
| 2. | Kosobudzka Magdalena | 15.01.1990 | MATSOGI Ciechanów   |
| 3. | Masiuk Ewelina       | 06.05.1989 | WAT Wrocław         |
| 3. | Siwińska Anna        | 29.07.1984 | LSKT Lublin         |

|         |       |
|---------|-------|
| Points: | 3 (4) |
| Points: | 2 (2) |
| Points: | 1 (2) |
| Points: | 1 (2) |

#### Female individual sparring up to 63kg

Competitors: 5

|    |                  |            |                     |
|----|------------------|------------|---------------------|
| 1. | Omiecińska Ilona | 05.02.1989 | MATSOGI Ciechanów   |
| 2. | Lipa Joanna      | 11.04.1981 | LSKT Lublin         |
| 3. | Kosior Monika    | 19.09.1989 | MKS Lewart Lubartów |
| 3. | Paprocka Joanna  | 25.09.1983 | LKS Lotos Jabłonna  |

|         |       |
|---------|-------|
| Points: | 3 (3) |
| Points: | 2 (1) |
| Points: | 1 (1) |
| Points: | 1     |

#### Female individual sparring up to 70kg

Competitors: 7

|    |                   |            |                      |
|----|-------------------|------------|----------------------|
| 1. | Chojnacka Zofia   | 06.07.1989 | Taewo KWSW Warszawa  |
| 2. | Woźniak Nina      | 23.04.1985 | KTT Łódź             |
| 3. | Kołodziejska Anna | 31.10.1990 | KS Dragon Janów      |
| 3. | Sakowska Julia    | 30.05.1988 | KST Tornado Szczecin |

|         |       |
|---------|-------|
| Points: | 3 (3) |
| Points: | 2 (1) |
| Points: | 1 (2) |
| Points: | 1 (2) |

#### Female individual sparring over 70kg

Competitors: 4

|      |                    |            |                     |
|------|--------------------|------------|---------------------|
| 1.   | Nowak Aleksandra   | 02.02.1983 | CzAT Częstochowa    |
| 2.   | Zając Ewelina      | 04.12.1985 | WSKT Wrocław        |
| 3-4. | Miśkiewicz Wioleta | 28.11.1986 | LKT Legnica         |
| 3-4. | Oleś Roksana       | 27.11.1990 | Feniks-Arete Rybnik |

|         |       |
|---------|-------|
| Points: | 3 (2) |
| Points: | 2 (1) |
| Points: | 1     |
| Points: | 1     |

### Female individual special techniques

|    |                 |            |                      |
|----|-----------------|------------|----------------------|
| 1. | Dąbrowska Anna  | 02.06.1992 | SKS Start Olsztyn    |
| 2. | Mironiuk Monika | 09.01.1987 | MKS RAT Radzyń       |
| 3. | Kisiel Martyna  | 24.08.1985 | KS Dragon Janów      |
| 3. | Sakowska Julia  | 30.05.1988 | KST Tornado Szczecin |

|                     |           |
|---------------------|-----------|
| <b>Competitors:</b> | <b>14</b> |
| <b>Points:</b>      | <b>3</b>  |
| <b>Points:</b>      | <b>2</b>  |
| <b>Points:</b>      | <b>1</b>  |
| <b>Points:</b>      | <b>1</b>  |

### Female individual power tests

|    |                  |            |                      |
|----|------------------|------------|----------------------|
| 1. | Kisiel Martyna   | 24.08.1985 | KS Dragon Janów      |
| 2. | Olek Monika      | 07.12.1986 | MKS Lewart Lubartów  |
| 3. | Omiecińska Ilona | 05.02.1989 | MATSOGI Ciechanów    |
| 3. | Sakowska Julia   | 30.05.1988 | KST Tornado Szczecin |

|                     |           |
|---------------------|-----------|
| <b>Competitors:</b> | <b>25</b> |
| <b>Points:</b>      | <b>3</b>  |
| <b>Points:</b>      | <b>2</b>  |
| <b>Points:</b>      | <b>1</b>  |
| <b>Points:</b>      | <b>1</b>  |

### Team female pattern

1. MKS Lewart Lubartów
2. Taewo KWSW Warszawa
- 3-4. KS Dragon Janów
- 3-4. LKT Legnica

|                |              |
|----------------|--------------|
| <b>Teams:</b>  | <b>5</b>     |
| <b>Points:</b> | <b>3 (2)</b> |
| <b>Points:</b> | <b>2 (1)</b> |
| <b>Points:</b> | <b>1</b>     |
| <b>Points:</b> | <b>1 (1)</b> |

### Team female sparring

1. MKS Lewart Lubartów
2. LSKT Lublin
- 3-4. LKT Legnica
- 3-4. Taewo KWSW Warszawa

|                |              |
|----------------|--------------|
| <b>Teams:</b>  | <b>5</b>     |
| <b>Points:</b> | <b>3 (3)</b> |
| <b>Points:</b> | <b>2 (1)</b> |
| <b>Points:</b> | <b>1</b>     |
| <b>Points:</b> | <b>1</b>     |

### Male individual pattern I Degree

|      |                  |            |                     |
|------|------------------|------------|---------------------|
| 1.   | Wronowski Marcin | 23.06.1986 | MKS Lewart Lubartów |
| 2.   | Dudek Dawid      | 14.02.1987 | MKS Lewart Lubartów |
| 3-4. | Batra Amit       | 14.05.1987 | WSKT Wrocław        |
| 3-4. | Sochocki Daniel  | 29.04.1992 | LKS Lotos Jabłonna  |

|                     |              |
|---------------------|--------------|
| <b>Competitors:</b> | <b>14</b>    |
| <b>Points:</b>      | <b>3 (4)</b> |
| <b>Points:</b>      | <b>2 (3)</b> |
| <b>Points:</b>      | <b>1 (2)</b> |
| <b>Points:</b>      | <b>1 (2)</b> |

### Male individual pattern II Degree

|      |                   |            |                     |
|------|-------------------|------------|---------------------|
| 1.   | Szwejkowski Piotr | 23.01.1983 | MATSOGI Ciechanów   |
| 2.   | Szwejkowski Paweł | 23.01.1983 | MATSOGI Ciechanów   |
| 3-4. | Kotyra Hubert     | 19.07.1991 | MKS ŻAK Biała Podl. |
| 3-4. | Raczyński Kamil   | 23.08.1990 | WSKT Wrocław        |

|                     |              |
|---------------------|--------------|
| <b>Competitors:</b> | <b>13</b>    |
| <b>Points:</b>      | <b>3 (4)</b> |
| <b>Points:</b>      | <b>2 (3)</b> |
| <b>Points:</b>      | <b>1 (2)</b> |
| <b>Points:</b>      | <b>1 (2)</b> |

### Male individual pattern III Degree

|      |                             |            |                 |
|------|-----------------------------|------------|-----------------|
| 1.   | Cytryniak Michał            | 25.05.1974 | CTKD Łódź       |
| 2.   | Banaszczak Tomasz Krzysztof | 30.07.1981 | KTT Łódź        |
| 3-4. | Chomiuk Andrzej             | 29.05.1973 | SSKT GARDA W-wa |
| 3-4. | Gozdalski Rafał             | 06.06.1976 | KSKT Kielce     |

|                     |              |
|---------------------|--------------|
| <b>Competitors:</b> | <b>4</b>     |
| <b>Points:</b>      | <b>3 (2)</b> |
| <b>Points:</b>      | <b>2 (1)</b> |
| <b>Points:</b>      | <b>1</b>     |
| <b>Points:</b>      | <b>1</b>     |

### Male individual pattern IV Degree

|      |                    |            |                     |
|------|--------------------|------------|---------------------|
| 1.   | Suska Jarosław     | 18.10.1972 | MKS Lewart Lubartów |
| 2.   | Poleszak Rafał     | 30.05.1978 | Feniks-Arete Rybnik |
| 3-4. | Sudak Łukasz       | 13.02.1980 | WSKT Wrocław        |
| 3-4. | Szczepaniuk Tomasz | 29.12.1971 | LKS Lotos Jabłonna  |

|                     |              |
|---------------------|--------------|
| <b>Competitors:</b> | <b>4</b>     |
| <b>Points:</b>      | <b>3 (2)</b> |
| <b>Points:</b>      | <b>2 (1)</b> |
| <b>Points:</b>      | <b>1</b>     |
| <b>Points:</b>      | <b>1</b>     |

### Male individual colour belts pattern

|      |                  |            |                 |
|------|------------------|------------|-----------------|
| 1.   | Forgiel Karol    | 17.12.1988 | LKT Legnica     |
| 2.   | Koźma Przemysław | 09.04.1992 | PSKT Poznań     |
| 3-4. | Dąbrowski Tomasz | 06.07.1989 | MKS RAT Radzyń  |
| 3-4. | Hajduk Tomasz    | 29.07.1991 | KS Dragon Janów |

|                     |              |
|---------------------|--------------|
| <b>Competitors:</b> | <b>12</b>    |
| <b>Points:</b>      | <b>3 (4)</b> |
| <b>Points:</b>      | <b>2 (3)</b> |
| <b>Points:</b>      | <b>1 (1)</b> |
| <b>Points:</b>      | <b>1 (2)</b> |

### Male individual sparring up to 54kg

|    |                  |            |                     |
|----|------------------|------------|---------------------|
| 1. | Batra Amit       | 14.05.1987 | WSKT Wrocław        |
| 2. | Majsner Daniel   | 15.12.1992 | LKT Legnica         |
| 3. | Czajkowski Kamil | 30.01.1988 | MATSOGI Ciechanów   |
| 3. | Wadowski Artur   | 17.02.1990 | MKS Lewart Lubartów |

|                     |              |
|---------------------|--------------|
| <b>Competitors:</b> | <b>6</b>     |
| <b>Points:</b>      | <b>3 (3)</b> |
| <b>Points:</b>      | <b>2 (2)</b> |
| <b>Points:</b>      | <b>1 (1)</b> |
| <b>Points:</b>      | <b>1 (1)</b> |

### Male individual sparring up to 63kg

|    |                   |            |                   |
|----|-------------------|------------|-------------------|
| 1. | Raczyński Kamil   | 23.08.1990 | WSKT Wrocław      |
| 2. | Szwejkowski Piotr | 23.01.1983 | MATSOGI Ciechanów |
| 3. | Szwejkowski Paweł | 23.01.1983 | MATSOGI Ciechanów |
| 3. | Żuk Maciej        | 28.03.1988 | LKT Legnica       |

Competitors: 14

|         |       |
|---------|-------|
| Points: | 3 (4) |
| Points: | 2 (3) |
| Points: | 1 (4) |
| Points: | 1 (2) |

### Male individual sparring up to 71kg

|    |                     |            |                     |
|----|---------------------|------------|---------------------|
| 1. | Fijałkowski Maciej  | 31.01.1987 | RKT Radom           |
| 2. | Szałkowski Grzegorz | 12.11.1988 | Feniks-Arete Rybnik |
| 3. | Wasilewski Piotr    | 08.10.1984 | Taewo KWSW Warszawa |
| 3. | Wronowski Marcin    | 23.06.1986 | MKS Lewart Lubartów |

Competitors: 13

|         |       |
|---------|-------|
| Points: | 3 (3) |
| Points: | 2 (3) |
| Points: | 1 (4) |
| Points: | 1 (3) |

### Male individual sparring up to 80kg

|    |                    |            |                     |
|----|--------------------|------------|---------------------|
| 1. | Działo Daniel      | 31.07.1982 | MKS Lewart Lubartów |
| 2. | Dziubiński Michał  | 07.09.1983 | MKS Lewart Lubartów |
| 3. | Mielcarski Ryszard | 19.04.1989 | Taewo KWSW Warszawa |
| 3. | Sudak Łukasz       | 13.02.1980 | WSKT Wrocław        |

Competitors: 11

|         |       |
|---------|-------|
| Points: | 3 (4) |
| Points: | 2 (2) |
| Points: | 1 (3) |
| Points: | 1 (3) |

### Male individual sparring over 80kg

|    |                     |            |                   |
|----|---------------------|------------|-------------------|
| 1. | Idzikowski Dariusz  | 17.11.1979 | SKS Start Olsztyn |
| 2. | Synoradzki Zdzisław | 12.12.1978 | KS Dragon Janów   |
| 3. | Gozdalski Rafał     | 06.06.1976 | KSKT Kielce       |
| 3. | Idzikowski Tomasz   | 17.11.1979 | SKS Start Olsztyn |

Competitors: 13

|         |       |
|---------|-------|
| Points: | 3 (4) |
| Points: | 2 (2) |
| Points: | 1 (3) |
| Points: | 1 (3) |

### Male individual special techniques

|    |                    |            |                   |
|----|--------------------|------------|-------------------|
| 1. | Pelka Piotr        | 03.03.1989 | MATSOGI Ciechanów |
| 2. | Idzikowski Dariusz | 17.11.1979 | SKS Start Olsztyn |
| 3. | Grzybowski Michał  | 27.07.1991 | Taekwon Warszawa  |
| 3. | Więckowski Damian  | 05.05.1984 | KTT Łódź          |

Competitors: 14

|         |   |
|---------|---|
| Points: | 3 |
| Points: | 2 |
| Points: | 1 |
| Points: | 1 |

### Male individual power tests

|    |                    |            |                     |
|----|--------------------|------------|---------------------|
| 1. | Sudak Łukasz       | 13.02.1980 | WSKT Wrocław        |
| 2. | Cudnik Piotr       | 07.04.1983 | Taewo KWSW Warszawa |
| 3. | Gozdalski Rafał    | 06.06.1976 | KSKT Kielce         |
| 3. | Szczepaniuk Tomasz | 29.12.1971 | LKS Lotos Jabłonna  |

Competitors: 32

|         |   |
|---------|---|
| Points: | 3 |
| Points: | 2 |
| Points: | 1 |
| Points: | 1 |

### Team male pattern

|      |                      |
|------|----------------------|
| 1.   | LKT Legnica          |
| 2.   | WSKT Wrocław         |
| 3-4. | MATSOGI Ciechanów    |
| 3-4. | MKS Lewart2 Lubartów |

Teams: 6

|         |       |
|---------|-------|
| Points: | 3 (3) |
| Points: | 2 (2) |
| Points: | 1     |
| Points: | 1     |

### Team male sparring

|      |                     |
|------|---------------------|
| 1.   | MKS Lewart Lubartów |
| 2.   | SKS Start Olsztyn   |
| 3-4. | MATSOGI Ciechanów   |
| 3-4. | WSKT Wrocław        |

Teams: 13

|         |       |
|---------|-------|
| Points: | 3 (4) |
| Points: | 2 (3) |
| Points: | 1 (2) |
| Points: | 1 (1) |

### The best female competitor

Martyna Kisiel (KS Dragon Janów) – 1 gold, 1 silver and 1 bronze medal

### The best male competitor

Dariusz Idzikowski (SKS Start Olsztyn) – 1 gold, 1 silver medal

### The best female team

MKS Lewart AGS Lubartów – 2 gold medals

## General medal classification for clubs

| Place | Name of the club                                       | Gold | Silver | Bronze |
|-------|--------------------------------------------------------|------|--------|--------|
| 1.    | Miejski Klub Sportowy "Lewart" AGS Lubartów            | 8    | 4      | 4      |
| 2.    | Legnicki Klub Taekwon-do                               | 4    | 3      | 4      |
| 3.    | Ludowy Klub Sportowy MATSOGI Ciechanów                 | 3    | 3      | 5      |
| 4.    | Wrocławski Sportowy Klub Taekwon-do                    | 3    | 2      | 5      |
| 5.    | Spółdzielczy Klub Sportowy "Start" Olsztyn             | 2    | 2      | 1      |
| 6.    | Klub Sportowy "Dragon" w Janowie                       | 1    | 2      | 4      |
| 6.    | "Taewo" Klub Wschodnich Sportów Walki w Warszawie      | 1    | 2      | 4      |
| 8.    | MKS Radzyńska Akademia Taekwon-do Radzyń Podlaski      | 1    | 1      | 2      |
| 9.    | Radomski Klub Taekwon-do                               | 1    | 0      | 1      |
| 10.   | Centrum Taekwon-do w Łodzi                             | 1    | 0      | 0      |
| 10.   | Częstochowska Akademia Taekwon-do Częstochowa          | 1    | 0      | 0      |
| 12.   | Lubelski Sportowy Klub Taekwon-do Lublin               | 0    | 2      | 3      |
| 13.   | Klub Taekwon-do Tradycyjnego w Łodzi                   | 0    | 2      | 1      |
| 13.   | Rybnicki Klub Taekwon-do Feniks-Arete w Rybniku        | 0    | 2      | 1      |
| 15.   | Poznański Sportowy Klub Taekwon-do w Poznaniu          | 0    | 1      | 0      |
| 16.   | Ludowy Klub Sportowy Lotos Jabłonna                    | 0    | 0      | 4      |
| 17.   | Klub Sportowy Taekwon-do Tornado Szczecin              | 0    | 0      | 3      |
| 17.   | Kielecki Sportowy Klub Taekwon-do                      | 0    | 0      | 3      |
| 19.   | Międzyszkolny Klub Sportowy Żak w Białej Podlaskiej    | 0    | 0      | 1      |
| 19.   | Ognisko TKKF Taekwon-Mokotow Warszawa                  | 0    | 0      | 1      |
| 19.   | KS Wrocławska Akademia Taekwon-do                      | 0    | 0      | 1      |
| 19.   | Klub Sportowy Taekwon-do w Głubczycach                 | 0    | 0      | 1      |
| 19.   | Stołeczny Sportowy Klub Taekwon-do "GARDA" w Warszawie | 0    | 0      | 1      |
| 19.   | Toruński Klub Taekwon-do "Lechmed" Toruń               | 0    | 0      | 1      |
| 19.   | Bartoszycka Szkoła Taekwon-do                          | 0    | 0      | 1      |